

Congregation T'shuvat Yisrael – [www.Yeshuati.com](http://www.Yeshuati.com)

Rabbi Bob Benbow

“go for yourselves”

Torah – Lech Lecha – Genesis 12:1 – 17:27

Haf Torah – Isaiah 40:27– 41:16

Brit Chadashah: – Rom. 4:1 – 25

Psalm: – 3, 57, 111

Extra Reading – John 5, 6

### The Torah Commentary:

*Now YHVH had said to Abram, Get you out of your country, and from your kindred, and from your father's house, to a land that I will show you. And I will make of you a great nation, and I will bless you, and make your name great; and you shall be a blessing: and I will bless them that bless you, and curse him that curses you: and in you shall all families of the earth be blessed. (Gen. 12:1-3)*

*And Melchizedek [king of righteousness] king of Salem brought forth bread and wine; and he the priest of the Most High God. And he blessed him, and said, Blessed Abram of the Most High God, Possessor of heaven and earth: And blessed be the Most High God, which has delivered your enemies into your hand. And he gave him tithes of all. (Gen. 14:18-20)*

*After these things the word of YHVH came to Abram in a vision, saying, Fear not, Abram, I your shield, your exceeding great reward. And Abram said, YHVH God, what will You give me, seeing I go childless, and the steward of my house this Eliezer of Damascus?*

*And Abram said, Behold, to me You have given no seed: and, lo, one born in my house is mine heir. And, behold, the word of YHVH to him, saying, This shall not be your heir; but he that shall come forth out of your own bowels shall be your heir. And He brought him forth abroad, and said, Look now toward heaven, and tell the stars, if you be able to number them: and He said unto him, So shall your seed be. And he believed in YHVH; and he counted it to him for righteousness. (Gen. 15:1-6)*

*Blessing and Righteousness. Faith and Hope. The Promise given of that not yet seen, but which would come to pass. Covenants given to Abram, His chosen one, and for future generations. A change of name from Abram to Abraham. Land and Seed. The sign of covenant. In You, O YHVH, do I put my trust: let me never be put to confusion. Deliver me in Your righteousness, and cause me to escape: incline Your ear to me, and save me. Be You my strong habitation, whereunto I may continually resort: You have given commandment to save me: for You my rock and my fortress. Deliver me, O my God, out of the hand of the wicked, out of the hand of the unrighteous and cruel man. For You my hope, O YHVH God: my trust from my youth. By You*

have I been holden up from the womb: You are He that took me out of my mother's bowels: my praise be continually of You. I am as a wonder to many; but You my strong refuge. Let my mouth be filled with Your praise, Your honor all the day. Cast me not off in the time of old age; forsake me not when my strength fails. For my enemies speak against me; and they that lay wait for my soul take counsel together, saying, God has forsaken him: persecute and take him; for none to deliver. O God, be not far from me: o my God, make haste for my help. Let them be confounded, consumed, that are adversaries to my soul; let them be covered with reproach and dishonor that seek my hurt. But I will hope continually, and will yet praise You more and more. My mouth shall show forth Your righteousness, Your salvation all the day; for I know not the numbers. I will go in the strength of YHVH God: I will make mention of Your righteousness, of You only. Now also unto old age and gray hairs, O God, forsake me not; until I have showed Your arm [strength] to generation, Your power to every one that is to come. Your righteousness also, O God, very high, Who has done great things: O God, who like unto You! Which has showed me great and sore troubles, shall quicken me again, and shall bring me up again from the depths of the earth. You shall increase my greatness, and comfort me on every side. I will also praise You with psaltery, Your truth, O my God: to You will I sing with the harp, O You Holy One of Israel. My lips shall greatly rejoice when I sing unto You; and my soul, which You have redeemed. My tongue also shall talk of Your righteousness all the day long: for they are confounded, for they are brought to shame, that seek my hurt. (Ps. 71) Give thanks unto YHVH; call upon His Name: make known His deeds among the people. Sing to Him, sing psalms to Him: talk you of all His wondrous works. Glory you in His Holy Name: let the heart of them rejoice that seek YHVH. Seek YHVH, and His strength; seek His face evermore. Remember His marvelous works that He has done; His wonders, and the judgments of His mouth; O you seed of Abraham His servant, you children of Jacob His chosen. He, YHVH our God: His judgments in all the earth. He has remembered His covenant forever, the word He commanded to a thousand generations. Which He made with Abraham, and His oath to Isaac; and confirmed the same to Jacob for a law, to Israel an everlasting covenant: Saying, To you will I give the land of Canaan, the cord of your inheritance; when they were a few men in number; yea, very few, and strangers in it. When they went from one nation to another, from kingdom to another people; He suffered no man to do them wrong; yea, He reprov'd kings for their sakes; Touch not My anointed, and do My prophets no harm. (Ps. 105:1-15) But you, Israel, My servant, Jacob whom I have chosen, the seed of Abraham My friend. Whom I have taken from the ends of the earth, and called you from the chief men thereof, and said to you, You My servant; I have chosen you, and not cast you away.

*Fear you not; for I with you; be not dismayed: for I your God: I will strengthen you; yea, I will help you; yea, I will uphold you with the right hand of My righteousness. (Isa. 41:8-10) For God the King of all the earth: sing you praises every one that has understanding. God reigns over the heathen: God sits upon the throne of His Holiness. The princes of the people are gathered together, the people of the God of Abraham: for the shields of earth to God: He is greatly exalted. (Ps. 47:7-9) Even as Abraham believed God, and it was accounted to him for righteousness. Know you therefore that they which are of faith, the same are the children of Abraham. And the Scripture, foreseeing that God would justify the heathen through faith, preached before the gospel to Abraham: In you shall all nations be blessed. So then they which be of faith are blessed with faithful Abraham. But that no man is justified by the law in the sight of God, evident: for, The just shall live by faith. And the law is not of faith: but, the man that does them shall live in them. Messiah has redeemed us from the curse of the law, being made a curse for us: for it is written, Cursed every one that hangs on a tree: That the blessing of Abraham might come on the Gentiles through Yeshua Messiah; that we might receive the promise of the Spirit through faith. Now to Abraham and his seed were the promises made. He said not, And to seeds, as of many; but as of one, And to your seed, which is Messiah. If you be Messiah's, then are you Abraham's seed, and heirs by the promise. (see Gal.3)*